THE HARVEST METHOD

Does Insurance Cover a Dietitian?

Please read this first

We cannot guarantee your coverage. It is your responsibility to know what your insurance covers.

The 7 questions to ask

1. Is nutrition counseling with a registered dietitian covered by telehealth at the in-network level? (CPT 97802 for the first visit, 97803 for follow-ups)
2. Does my deductible apply to these visits? How much is left, and when does it reset?
3. After the deductible, what is my copay or coinsurance?
4. Is there a visit limit, and how many visits have I used this year?
5. Do I need a referral or prior authorization?
6. Does coverage depend on the diagnosis?
7. Is my plan fully insured, or self-funded by my employer? (Your HR or benefits team can also tell you.)